

## PSYCHOTIC EPISODE AND FAMILY APPROACH: A CASE REPORT

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This is a case report which embodies a schizophrenic patient that was submitted to Professor David Miklowitz's Family Focused Therapy approach, which improved the patient's prognoses. Schizophrenia is a psychiatric disorder of multifactorial origin, whose main characteristics are changes in affectivity, behavior, will, self-perception, language, interpersonal relationships, school and occupational life. The patient in the reported case is a 34-year-old woman, diagnosed with schizophrenia and chemical dependence, with the use of marijuana and cocaine as a trigger for her psychiatric condition. With the objective of obtaining better results in the treatment of the patient, the technique of psychoeducation was approached, whose objective is to inform the caregiver and the patient about their diagnosis and treatment, so that they can be aware and prepared to deal with the therapy and the diagnosis, since the presence of a family environment influences adherence to treatment and the course of the disease. In the present case, the result was an adequate resumption of the family relationship and an appropriate pharmacological treatment regimen.

**Key words:** Schizophrenia; Manifest Emotion; Family Therapy.

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